

Embracing Men's Health

Cancer Care Program | Information for Patients and Families



Thank you sincerely for embracing our Hospital
and the health of men in your community!

www.nygh.on.ca

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North York General Hospital and Foundation are committed to protecting the privacy of all information that you share with us. We do not rent or sell our donor lists. The information we collect is used to process donations, keep you informed about the Hospital and Foundation, and to ask for support of our mission of advancing health care in our community. If you do not wish to receive further information, please contact the Foundation. You can view our complete Privacy Policy at www.nygh.on.ca/foundation.

The Statistics are alarming



early diagnosis

"As a patient who has had prostate cancer, I was excited by the opportunity to help fund this unique centre. It's the fear of the unknown that's the most frightening, so having information and a diagnosis as fast as possible helps decrease that anxiety."



Roly Watt, former patient and Co-Chair of Gale and Graham Wright Prostate Centre fundraising campaign.

Prostate cancer is the most common cancer among Canadian men and it is said that it will increase by 80 per cent over the next ten years. According to the Canadian Cancer Society, an estimated 24,700 men will be diagnosed with prostate cancer and 4,300 will die of it this year.

There is a plus side. If caught early enough, prostate cancer is among the most treatable cancers.

North York General Hospital's Gale and Graham Wright Prostate Centre, in collaboration with the Odette Cancer Centre at Sunnybrook Health Sciences Centre, has dramatically reduced the time it takes to receive a diagnosis from 14 weeks to just 6 weeks. This is among the shortest wait times in Ontario.

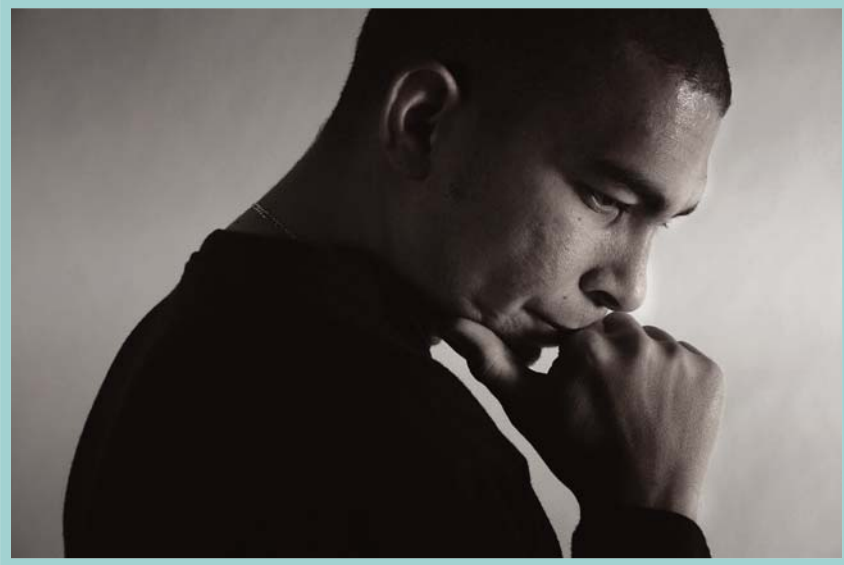
This means the faster patients are seen, the faster they can be treated, ultimately decreasing the mortality rate of men with prostate cancer.

The Centre is Ontario's first within a community hospital and provides timely diagnosis, information, expertise and resources.

The multi-service facility – thanks to \$3 million in private donations – includes a multidisciplinary team of specialists who provide care to patients right at the Centre.

Surgeons and radiation oncologists see patients for their appointments in the Centre. It's a collaborative approach. The physicians work together with nursing specialists to assess the patient, and if treatment is necessary, jointly develop a comprehensive treatment plan.

Signs and Symptoms of Prostate Cancer:



getting support

"The Gale and Graham Wright Prostate Centre enhances knowledge of prostate cancer and treatment options among patients, families, health care professionals and the public, as well as offers patients access to leading-edge research. Our aim is to reduce anxiety and support the family."



Dr. Roger Buckley

Medical Director, Gale and Graham Wright Prostate Centre and Chief of Urology, North York General Hospital.

While there is no known single cause of prostate cancer, factors such as age, family history, hormone levels, and diet appear to play a role. Prostate cancer may not cause any signs or symptoms, especially in the early stages.

If you do however, experience any of the symptoms below, consult with your doctor. These symptoms do not necessarily mean the presence of prostate cancer, but should be further investigated by a physician:

- Decrease in the size and strength of your urinary flow
- Difficulty starting or stopping flow of urine
- Inability to urinate
- The need to urinate frequently – particularly at night
- Blood in your urine
- Painful urination



Did you Know?

- Prostate cancer is the second most common cause of death due to cancer
- One in seven men will develop prostate cancer in his lifetime
- One in 27 will die of it
- On average, 475 Canadian men will be diagnosed with prostate cancer every week

The good news is that you can play an active role in your prostate care. Know the signs!

Embracing Men's Health

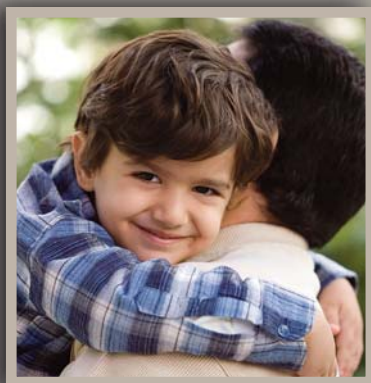
Every dollar counts!

Help support North York General Hospital's Gale and Graham Wright Prostate Centre today! With your help, we can ensure the Centre is equipped with the latest technology for diagnosis and treatment of prostate cancer. Your support also advances our work in prostate cancer research.

Donations are what built this Centre. In the words of Roly Watt, former patient and co-chair of the Gale and Graham Wright Prostate Centre fundraising campaign:

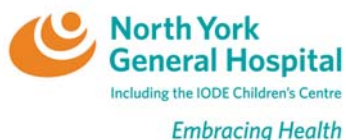
"Through the Centre, we'll be able to help thousands of men in years to come."

Make a contribution today and make a difference for tomorrow.



Please confirm your support for the Gale and Graham Wright Prostate Centre today. Simply call (416) 756-6944 to make a donation or donate on-line at www.nygh.on.ca/foundation and receive an instant tax receipt.

www.nygh.on.ca



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North York General Hospital
Branson Site
555 Finch Avenue West
Toronto ON, M2R 1N5
T: (416) 635-2491 F: (416) 635-2499

Please find enclosed my gift to the Gale and Graham Wright Prostate Centre.

\$200 \$150 \$100 \$50 Other \$

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Address: _____

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100800

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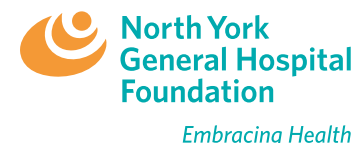
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