

PSYCHIATRY

FAMILY MEDICINE BLOCK AND CORE RESIDENT INFORMATION

Education Lead

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Program Coordinator

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Overview of Rotation

The psychiatry block occurs during the PGY1 year of the family medicine residency. Over the four-week rotation, residents are exposed to a variety of clinical experiences with an emphasis on outpatient psychiatric care, consult liaison psychiatry and ER psychiatry and telepsychiatry. These areas will allow residents to gain exposure to a wide variety of patients and build on their diagnostic skills and work on developing rich biopsychosocial management plans. They will be exposed to patients that they will see in their family clinics and learn how to manage them through outpatient care and in crisis. In addition, residents will have exposure to counselling skills, cognitive behavior therapy groups, and addiction medicine during the rotation.

Psychiatry resident rotations include: PGY2 Inpatient Psychiatry (six months), PGY2 Outpatient Psychiatry (6 months), PGY3 Geriatric Psychiatry (six months), PGY3 Child Psychiatry (six months), and Senior Psychiatry Resident Electives. Telepsychiatry experiences are also offered to PGY2 residents. All psychiatry residents also have cases in CBT and psychodynamic therapy and get supervision.

Schedule

Schedule requests are sent to the Program Coordinator (Faye). The chief psychiatry resident makes the call schedule. Family residents are expected to complete four calls over their rotation including one weekend call day. They are paired up with a psychiatry resident for their first call. Call starts at 5 p.m. on weekdays and 9 a.m. on weekends and ends at 11 p.m.. There is no overnight call for residents during their psychiatry block.

Preceptor Assignment

Family residents are assigned to several supervisors over the course of their rotation that allows them exposure to numerous styles and perspectives. They will have one to two supervisors for outpatient psychiatry clinics, one to two supervisors for consult liaison and ER psychiatry, one supervisor for addictions medicine, a social worker for counselling skills, and a supervisor for CBT training.

Psychiatry residents are assigned a primary supervisor.

Educational Activities

- Family and Psychiatry residents are invited to attend weekly mental health grand rounds that take place Friday mornings at 9 a.m.
- Family residents are invited to join psychiatry residents for bi-weekly interviewing skills seminar and formulation seminars
- PGY2 psychiatry residents have been providing weekly 1:1 teaching during the family blocks
- Family residents are exposed to about 8-9 hours of psychiatry seminars during their half days.
- Psychiatry residents Family residents who are on service in June are sent to the CPA Family Psychiatry Update Conference
- Psychiatry residents also have CBT and psychodynamic therapy supervision and seminars

Assessment

All family trainees are assessed daily by their individual supervisors in regards to their performance, professionalism, knowledge and interest and send regular updates to the educational lead who provides feedback throughout the rotation and compiles all the feedback for the final assessment

Psychiatry residents are evaluated by their primary supervisor and also have mock orals and STACER exams.