



**Department of Medical Imaging – Post Biopsy / Aspiration  
Instructions**

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1. Please get plenty of rest for 24 hours after the procedure.
2. There are no diet restrictions. You may eat what you wish.
3. Avoid, for 24 hours:
  - Strenuous exercise
  - Lifting heavy objects
  - Medication containing A.S.A/Aspirin
  - Driving or operating heavy machinery if you have received sedation
4. You may restart your blood thinners after 24 hours unless otherwise instructed by your physician.
5. Patients should have a ride and from the hospital, or take a taxi. We do not recommend that you take public transit.
6. Lung biopsy patients should avoid air travel from two weeks post biopsy, unless otherwise advised by the radiologist or surgeon.
7. Consult your doctor, or go to the nearest Emergency Department , if you experience any of the following:
  - Severe pain
  - Severe bruising or swelling at the site of your test
  - Fever
  - Shortness of breath
  - Coughing up blood
  - Bright red blood in your urine
  - Faintness or light-headedness
8. Can have a shower after 24 hours and remove dressing.