

NYGH/Ryerson University Collaborative Dietetics Program: Professional Masters Diploma in Dietetics (the PMDip-Dietetics)

PMDip– DIETETICS

Our program promotes a supportive learning experience through a partnership between North York General Hospital and Ryerson University. Graduates of this professional training program will qualify to write the Canadian Dietetics Registration Exam and if successful, register with a provincial regulatory body.

Our program:

- Provides practical and professional training to obtain the Integrated Competencies for Dietetic Education and Practice (ICDEP)
- Draws on the abilities and experience of dietitians and members of the interprofessional healthcare team
- Recognizes the unique background and learning needs of each student
- Integrates a twelve week professional practice course to support student learning
- Fosters self-directed learning through goal setting, self-reflection, and evaluation
- Provides comprehensive hands-on experience in clinical, community, and management settings

Students will have access to research, library and electronic resources, computer labs and technical support, WSIB coverage, professional liability insurance, academic and personal counselling, medical services, health coverage, athletic centre membership, student housing, discounted transit passes, learning support, and other student services provided by Ryerson University. For more information about the benefits of being a Ryerson student, see:

<http://studentlife.ryerson.ca/>

Program duration: 3 semesters beginning each September and concluding end-July of following year.

Number of positions: 4

Program Fees: Please refer to the graduate studies fees on Ryerson's [registrar website](#).

APPLICATION PROCESS

To apply, applicants must have an undergraduate degree in Nutrition/Dietetics from a Canadian university program accredited by PDEP and a minimum B Average (3.0/4.33) in the final two years of this PDEP accredited undergraduate Nutrition/Dietetics degree.

The online application process is facilitated through Dietitians of Canada. Please go online to Dietitians of Canada (DC) to access the application package: www.dietitians.ca

At the DC website you will find clear application instructions. In your application package, you will be required to submit a number of documents including:

- A one page letter stating (1) your reasons for pursuing this program, (2) how your previous studies and experiences have demonstrated your capacity to succeed in this program and (3) your career objectives and how this program will advance your objectives
- Three confidential letters of reference. Please choose an academic reference, dietitian, or employer who are familiar with your performance in school, work, or volunteer setting and can explain why you would be a good candidate for this program.

Selection of successful candidates is based on evidence of:

- Self-direction, leadership and ability to work as a team member
- Self-motivation, self-confidence maturity and ability to manage time well
- Ability to convey information clearly and effectively
- Strong interpersonal skills
- Breadth and relevance of experience

Applicants who are selected for interviews will be contacted and provided with information related to the interview process and time.

Candidates who accept an offer into our program will receive instructions on how and when to register as students at both North York General Hospital and Ryerson University.

PROGRAM DETAILS

North York General Hospital is a community academic hospital actively involved in teaching future health professionals. As the majority of hospital care in Canada is provided in community hospitals, North York General is uniquely positioned to teach new and better ways to meet the growing needs of our communities. The hospital partners with 36 different academic institutions, including the University of Toronto, to prepare future physicians, nurses and other health care professionals to work in interprofessional teams to provide essential patient and family centred care in a community hospital setting.

NUTRITION CARE

Theoretical knowledge of nutrition will be further developed in this practical setting. Skills are developed to function effectively as a member of the interprofessional health care team. You will assess, plan and evaluate nutritional care for patients through application of evidence-based clinical guidelines and standards of care. Opportunities to further enhance skills in nutrition counseling and education for individuals and groups are provided in outpatient settings. Each rotation is 5-6 weeks in length.

Placement opportunities include the following areas:

General medicine, general surgery, elder care, neurology, mental health (adult, adolescent, geriatrics, and eating disorders), cancer care, palliative care, cardiology, neonatal ICU, critical care, family practice, diabetes education, and long term care.

MANAGEMENT

Students will develop the skills and knowledge required to function as a member of the management team. You will gain experience with human resources, financial and materials management, food safety, food procurement, production, distribution and marketing. You will spend a total of 6 weeks in food service and clinical nutrition management. ICDEP competencies will be acquired through project completion.

POPULATION & PUBLIC HEALTH

Students will gain knowledge and skills in health promotion program planning and nutrition communication. Opportunities include industry, public health units, community health centres, and other organizations.

Please note - some rotation locations may not be at NYGH. Students may be asked to travel (at their own expense) throughout the GTA (and sometimes beyond) to complete rotations.

PROGRAM OUTLINE

Orientation	1 week
Nutrition Care	26-28 weeks
Management	6 weeks
Population and Public Health	6-8 weeks
Consolidation	3 weeks
Vacation + Study Weeks	4 weeks
Total Length of Program	46-50 weeks

INTERPROFESSIONAL EDUCATION

Students will have the opportunity to learn from dietitians and other health care professionals from a variety of disciplines. You will participate in a variety of student Interprofessional Education (IPE) opportunities which examine unique and overlapping professional roles, and effective collaborative skills necessary for the provision of interprofessional Patient and Family Centered Care (PFCC).

For further information please contact:

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www.nygh.on.ca/CentreforEducation