

HealthLink

Let's make healthy change happen

WHAT IS HEALTH LINKS?

Health Links brings you and your care providers together to help manage your health and coordinate your care. If you receive support from several different health care services and providers, Health Links can help.

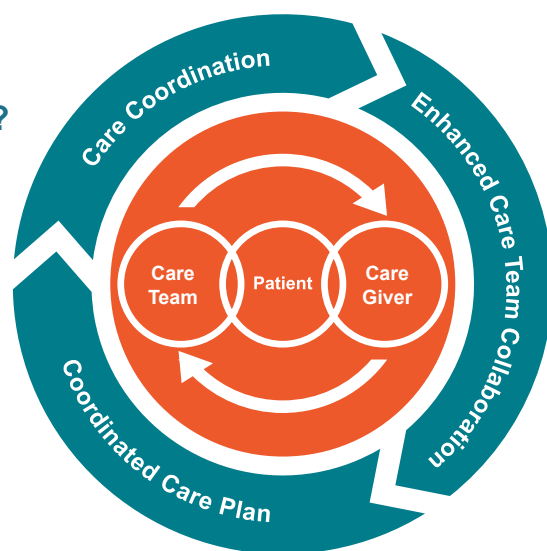
HOW WILL HEALTH LINKS BENEFIT ME?

Health Links will:

- Help you navigate our health system with your very own Care Coordinator
- Work with you and your care team to create your personal Coordinated Care Plan, ensuring everyone is working towards the health goals that matter to you
- Make sure every member of your care team has the same information, helping them provide care that is right for you

WHO WILL HELP COORDINATE MY CARE?

Your Care Coordinator is your main contact and will meet with you to understand your individual health care needs and goals. Care Coordinators help arrange resources and supports, while working closely with your family doctor and other members of your care team, including caregivers, to develop your Coordinated Care Plan.



WHAT IS A COORDINATED CARE PLAN?

Your Coordinated Care Plan includes your health care goals and any of your current treatment plans. This Plan is shared with your care team to ensure everyone has the right information to provide you with the best care. If your goals change, your Coordinated Care Plan will be updated and shared with your care team.

Every Coordinated Care Plan also includes important information about your care team and how to contact them.

WHAT IS MY HEALTH LINKS ROLE?

- Be an active partner in managing your health care
- Know who is involved in your care and how to contact them

For more information, visit centrallhin.on.ca