

Who can visit?

Two designated parents/caregivers are allowed for each paediatric patient. The two dedicated parent(s)/caregiver(s) must remain the same throughout the patient's hospitalization. Both dedicated parent(s)/caregiver(s) are permitted on the Paediatric in patient unit, at the same time, each calendar day, with in and out privileges during this time period (refers to leaving the hospital).

No sibling(s)/friend(s)/relative(s) under the age of 18 are permitted as designated caregivers.

Designated parent(s)/caregiver(s) will be asked to sign-in upon arrival and sign-out at departure. This will help with tracking of activity and limit the spread of the COVID-19.

Please identify whom the designated parent(s)/caregiver(s) will be and inform your nurse. These two people will each be provided with a designated wristband. Paediatric staff will ask to view your band prior to entry to Paediatric unit, and will ask you additional screening questions for COVID-19 related symptoms, at the first entry for each day.

ONLY one designated parent/caregiver is allowed for a patient who is under investigation for COVID -19 with no in and out privileges. Once a negative test result is received, then two designated parent(s)/caregivers are allowed with in and out privileges.

Precautions for entering the hospital

Please do not visit if you are sick. North York General is actively screening and monitoring for COVID-19 related symptoms to protect the health and safety of staff and patients against COVID-19 and other respiratory illnesses. A mask will be provided to you upon entry to the hospital. The mask must be worn over your nose and mouth in the hospital, including when hospital team members are present in your child's room.

The single point of entry at the General site: south lobby entrance and single exit through the doors at the West entrance.

Can I ever take off my mask?

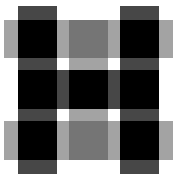
A mask must be worn at all times while in the hospital. You may remove your mask in your child's room for eating and drinking only. A mask must be worn at all times in the presence of health care providers and when they enter your child's room.

Guidelines and Exceptions:

Non-Approved Items:

- Food only permitted in accordance with guidelines below
- NO Vitamins or Health Food / over the counter remedies
- Please DO NOT keep expensive items like jewelry, large amounts of cash, etc. at the hospital
- Flowers and plants are not permitted

Updated July 5, 2021



PLEASE NOTE: The hospital does not take responsibility for any lost or stolen personal belongings.

Designated Parent(s)/Caregivers for Eating Disorder Patients

Food and Drink Guidelines:

- Eating or Drinking:
 - Food and drinks will be permitted upon approval from the health care team as it relates to the progression of your child's medical stability for prepared meals from home and specialized snacks
 - All eating and drinking must be done in the patient or teen lounge at the designated (social distanced) seating area. This includes water.
 - Meals prepared from home by parents will be stored in a dedicated location within the **Nourishment room fridge**
 - Parents are to ensure all food is contained (no loose items) in a cooler bag or plastic bag with the name of the child and date
 - The nurse will receive the prepared meals and wipe down the outer bag. The nurse will then place in a clean plastic bag and label with patient name before placing the food in a dedicated location inside the **Nourishment room fridge**
 - The nurse/Child Life Specialist /Child Youth Counselor will be responsible for placing and retrieving the prepared meals from home received from the parent
 - Parent(s) will perform hand hygiene before and after any handling of food and food preparation
 - Parent(s) can warm their child's food ONLY in the Teen lounge. The microwave is to be wiped before and after use wearing gloves and using approved IPAC products (Oxivir)
 - Parents will adhere to social distancing for the Family or Teen lounge
 - The parent will supervise the meal in the patient's room.
 - The parent can request to do the meal supervision in the Family or Teen lounge and this is to be coordinated with the primary nurse and/or CLS
 - The parents of Eating Disorder patients can use the Family or Teen lounge if they require quiet time away from the patient room and this is to be coordinated with the primary nurse and/or CLS
 - Parents of Eating Disorder patients can request quiet or activity time with their child using the Family or Teen lounge which is to be coordinated with the primary nurse or CLS.

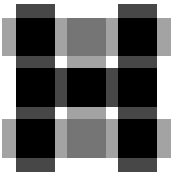
**If your mask is wet or dirty – please ask the nurse for a replacement mask.

Designated Parent(s)/Caregivers for Paediatric In-patients

Food and Drinking:

- At this time food may be brought from home, ordered for delivery pick-up or purchased at retail hospital food stations.

Updated July 5, 2021

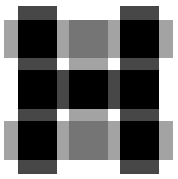


- **You can bring in some non-perishable food with you. Food from home or personal food ordered in cannot be stored in any of the unit's common fridges and cannot be heated in microwaves. Any food or snacks brought in must be kept at the bedside with you.**
- Food deliveries (by family member or food delivery service) must be received by the parent/support person at the hospital door. Please perform hand hygiene upon entry to hospital after any food deliveries.
- Reusable containers, if used, must be cleaned/managed by the patient/parent/support person.
- NYGH staff cannot deliver food to patients/visitors.
- All drinks/food must be consumed in the patient rooms
- Parents may use the unit Family Lounge for quiet time and this must be coordinated with the primary care nurse or Child Life Specialist (CLS)
- Please always practice good hand hygiene, including when entering/leaving the patient's room/hospital and before/after eating food and drinking.
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- ****If your mask is wet or dirty – please ask the nurse for a replacement mask.**

General Considerations

- We recommend frequent hand washing and frequent cleaning of high touch surfaces (ex. Cell phones) (if you require sanitization wipes and gloves to facilitate this while on the unit please ask one of the nurses).

Your cooperation is appreciated and will contribute to keeping the Paediatric unit safe for all patients, staff and parents/caregivers. If you have any suggestions or requests on how we can virtually engage other family members who are unable to visit, please let the team know.



FAQ's

If a designated visitor is ill, can an alternative visitor take their place?

- No. There are no substitutions once visitors are designated.

If designated visitor is ill, can they visit since they are wearing a mask?

- No

Why is our policy to only permit two designated visitors?

- This measure is being taken to ensure the safety of our patients, families, and staff members. This will help limit the spread of the COVID-19

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