

Why Palliative Care

There will be an estimated 40 per cent increase in deaths each year in Canada by 2020.

Ninety per cent of Canadians who die could have benefited from palliative care, but only one in four have access to palliative care.

The national strategy on end-of-life care outlines the importance of education/training and sharing best practices to ensure health care professionals are prepared to care for dying patients.

There is a need for Increased capacity throughout our health care system with more opportunities for increased research, better knowledge translation and consistent implementation of best practices. Also an improved education for health care providers and a health human resources plan to address future staffing is needed.

At the Freeman Centre for the Advancement of Palliative Care, we strive to:

- Nurture a culture of care that recognizes death as a natural part of life
- Respond to the reality that disease trajectories change
- Incorporate palliative care services sooner for those who have a life-threatening illness
- Provide patient- and family-centered end-of-life care

Freeman Centre Overview

North York General Hospital is a community academic hospital actively involved in teaching future health care professionals. We are proud to teach, precept and mentor over 1,200 Nursing Students and 800 Medical Students/Residents every year.

The Freeman Centre for the Advancement of Palliative Care provides seamless, comprehensive care to patients and their families living with life-limiting illnesses. Our vision is to build the interprofessional capacity of future health care professionals to ensure evidence-based high-quality palliative care is accessible to all.

The Freeman Centre for the Advancement of Palliative Care has four care components:

1. Hospital-wide inpatient consultations
2. Six acute pain and symptom management inpatient beds
3. Ambulatory pain and symptom management clinics
4. In-home outreach program providing 24-hour access to Palliative Care Physicians.

To register or receive more information on any of these courses, contact:

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Interprofessional Education Programs in Palliative Care

Freeman Centre for the Advancement of Palliative Care



**NORTH
YORK
GENERAL**

*Making a World
of Difference*

Medical

Palliative Care Core Rotation

For: Family Practice Residents

Duration: 2 weeks

Residents will:

- Manage cancer pain
- Develop communication skills in challenging goals-of-care discussions and end-of-life care issues
- Become familiar with making a diagnosis of dying and providing end-of-life care to patients and families

Mandatory Rotation Experience

For: Medical Students

Duration: 1/2 day observership experience

Medical students will:

- Accompany an Advanced Practice Nurse (APN) on two home visits
- Observe approaches to symptom management, anticipatory guidance, caregiver support, liaison with community services and interaction with lay family caregivers

Clinical Palliative Care PGY3 Enhanced Skills Program - University of Toronto

For: Family Medicine Residents who wish to integrate palliative care into their future family practice

Duration: 6 months

Residents will:

- Gain experience in inpatient, outpatient and community/home-based palliative care
- Develop skills to practice palliative care at a primary and/or primary consultant level

NYGH is one of two community academic hospitals in Toronto to offer this program

Palliative Care Elective Rotation

For: Medical Students or Residents

Duration: 4 weeks (can be individualized)

Modules are modified according to the level of the trainee and the duration of the elective.

Module 1: Palliative Medicine Consultation

Module 2: Ethics

Module 3: Communication

Module 4: Pain management

Module 5: Symptom management

Module 6: Palliative medicine emergencies

Module 7: Special issues in end-of-life care

Module 8: Psychosocial, spiritual and cultural care

Module 9: Alternative care settings and health systems

Nursing

Advanced Practice Nursing Clinical Fellowship in Palliative Care

For: Nurses with post-Master Education (CNS or NP)

Duration: 6 months (begins July 2013)

APNs will:

- Gain experience in inpatient, outpatient and community/home-based palliative care

Advanced Practice Nursing Placement in Palliative Care

For: Nursing Students in final year of Master's program

Duration: As required

Nurses will:

- Gain an appreciation of multi-site palliative care
- Qualify as students for the APN Clinical Fellowship in palliative care

Other Clinical Learning Opportunities

Interprofessional Observership and Preceptorships

Available to:

- Nursing Students
- Graduate Social Work Students
- International Health Care Workers

Interprofessional Continuing Education

Semi-Annual Interprofessional Cancer Pain and End-of-Life Care Workshops

- Collaboration with Pharmacy, Spiritual and Religious Care, Medicine, Nursing, Psycho-social Care
- Teaching modalities include: small group process, lecture, and experiential activities

Bimonthly Palliative Care Rounds

- Established in February 2010
- Internal and external expert speakers

Semi-Annual Lectures

- For Family Practice Residents
- Presentations on cancer pain and end-of-life care

"PLEASE" Biweekly Supportive Care Forum

- Palliative Listening, Education and Supportive Exercises (PLEASE) is a supportive care forum for oncology/palliative health care professionals to share experiences and stories, review challenging deaths and provide support for one another
- Provides just-in-time education to enhance the quality of palliative care services