

Adult Eating Disorders Program Virtual Schedule

	Monday	Wednesday	Thursday
			Team Meeting & Individual Progress Meetings
11:45-12:30	Lunch Support	Lunch Support	Lunch Support
12:30-1:00	Check-In	Check-In	Goals, Wins, & Updates
1:00-1:15	Break	Break	Break
1:15-2:30	DBT	CBT	Education Group