

Background:

Appropriate pre-procedural management of patients undergoing percutaneous image-guided interventions is complicated by many factors including:

- Wide range of procedures
- Heterogeneous patient population
- Absence of strong evidence surrounding this setting
- New and changing medications

In patients taking long-term antithrombotic medications, the risk of a cardiovascular or thromboembolic event must be weighed against the risk of bleeding for a given patient undergoing a specific procedure. In general, it is preferred to confirm absence of residual antithrombotic drug activity by performing objective laboratory coagulation parameters; however when these are unavailable (e.g. for Direct Oral Anticoagulants such as apixaban or rivaroxaban), a time lapse of five half lives of a particular drug is used as a measure of normalized bleeding risk.

Caution: Half-lives of antithrombotic medications differ, and increase with worsening renal function, affecting when the drug should be stopped prior to procedure.

NOTE: Because of variability in patient thrombosis and bleeding risks, as well as the paucity of prospective data and varied clinical opinion, this area remains controversial and individual physician-patient decisions may differ from the suggested guidelines below.

Objectives:

- 1. To provide effective, safe, and efficient management of patients undergoing <u>elective</u> percutaneous image-guided procedures
- 2. To summarize appropriate holding times for commonly prescribed antithrombotic medications, prior to <u>elective</u> percutaneous image-guided procedures



Table 1: Interventional Radiology Procedures and Preparation Instructions

See Table 2 for detailed management recommendations for procedures categorized as either **Category 1** or **Category 2** bleeding risk. If the proposed procedure is not listed below the interventional radiologist will determine pre-procedure management based on current guidelines if applicable, available evidence, and the specific clinical scenario.

Vascular Procedures			
Embolization (e.g. uterine	- Follow Category 1 recommendations for routine embolizations		
artery/fibroid embolization,	- Follow Category 2 recommendations in the following scenarios: arterial sheath size		
angiomyolipoma embolization,	≥ 7 French, acute bleeding, or aneurysm embolization		
varicocele embolization)	- Patient must be able to lay flat for duration of procedure, and for four hours post-		
	procedure if transfemoral access is planned		
	- For pre-procedure antibiotics, refer to NYGH Surgical Prophylaxis Guidelines		
Tunneled central venous access	- Follow Category 1 recommendations		
device (e.g. Port-a-Cath, Hickman	- Can be used immediately unless otherwise directed by the radiologist or referring		
line, tunneled dialysis catheter)	physician		
	- For pre-procedure antibiotics, refer to NYGH Surgical Prophylaxis Guidelines		
IVC filter insertion	- Follow Category 1 recommendations		
	- Should only be placed in patients with acute pulmonary embolism or acute		
	proximal DVT with contraindications for anticoagulation		
	- If filter is placed, a planned removal date should be set prior to insertion if possible		
IVC filter removal	- Follow Category 1 recommendations if simple removal is anticipated (i.e. dwell		
	time < 1 year and first attempted removal)		
	- Follow Category 2 recommendations if complex removal is anticipated (i.e. dwell		
	time > 1 year or previous unsuccessful removal)		
	- Patient must have a CT venogram with contrast performed within 2 weeks		
	reviewed by the interventional radiologist prior to removal to ensure no large clot		
	burden within filter		
Angioplasty and stenting	- Follow Category 1 recommendations for routine lower extremity angioplasty and		
	stenting		
	- Follow Category 2 recommendations in the following scenarios: arterial sheath size		
	≥ 7 French or iliac, celiac, or superior mesenteric artery angioplasty/stenting		
Drainages and Tube Inserti	ons		
Paracentesis	- Follow Category 1 recommendations		
	- If patient requires a large volume paracentesis due to liver disease, referring		
	physician to arrange albumin infusion		
Thoracentesis	- Follow Category 1 recommendations		
	- Bilateral thoracenteses to be performed on two separate days		
Abscess drainage	- Follow Category 1 recommendations if superficial (e.g. palpable, breast, abdominal		
	wall, extremity)		
	- Follow Category 2 recommendations if deep (e.g. lung, abdominal, pelvic,		
	retroperitoneal)		

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Chest tube insertion	- Follow Category 1 recommendations		
	- Timed chest radiograph may be ordered post-procedure		
Cathatar ayahanga (any nan			
Catheter exchange (any non-	- Follow Category 1 recommendations		
vascular catheter change or	- For enteric tube exchanges, hold feeds for 4 hours		
reinsertion through an existing			
tact, including gastrostomy-to-			
gastrojejunostomy conversion)			
Gastrostomy or	- Follow Category 2 recommendations		
gastrojejunostomy tube	- Gastroenterology consultation should be obtained first regarding potential for		
insertion	endoscopically placed tube		
	- Nasogastric tube required		
	- NPO at midnight		
	- For pre-procedure antibiotics, refer to NYGH Surgical Prophylaxis Guidelines		
Biliary intervention (transhepatic	- Follow Category 2 recommendations		
biliary drainage and	- For transhepatic biliary drainage, ensure internal drainage by ERCP has been		
cholecystostomy)	considered or attempted first		
	- For cholecystostomy, ensure surgical consultation has been obtained		
	- For pre-procedure antibiotics, refer to NYGH Surgical Prophylaxis Guidelines		
Urinary tract intervention	- Follow Category 2 recommendations		
(nephrostomy,	- Ensure urology consultation has been obtained		
nephroureterostomy via new	- For pre-procedure antibiotics, refer to NYGH Surgical Prophylaxis Guidelines		
puncture, suprapubic catheter			
insertion)			
Biopsies	•		
Superficial biopsy	- Follow Category 1 recommendations		
(cervical/axillary/inguinal lymph	- Must be done prior to 1300 hours if querying lymphoma		
node, palpable lesion, soft tissue,			
thyroid, breast)			
Deep non-organ biopsy (e.g.	- Follow Category 2 recommendations		
retroperitoneal/intra-abdominal	- Must be done prior to 1300 hours if querying lymphoma		
lymph node, deep pelvic mass,			
bone)			
Liver biopsy	- Follow Category 2 recommendations for transabdominal liver biopsy		
	- Follow Category 1 recommendations for transjugular liver biopsy, EXCEPT		
	transfuse if platelets $\leq 30 \times 10^9$ /L		
	- Transjugular liver biopsy should only be performed if transabdominal liver biopsy is		
	contraindicated		
Lung bionsy	- Follow Category 2 recommendations		
Lung biopsy			
Kidaay hiaray	- Timed chest radiograph may be required post-lung biopsy		
Kidney biopsy	- Follow Category 2 recommendations		
	- If random biopsy, must have nephrology consult prior and must be done before		
	1200 hours		
Other solid organ biopsy (e.g.	- Follow Category 2 recommendations		
pancreas, spleen, prostate)			
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Other Fluoroscopic Procedures		
Lumbar puncture	 Follow Category 1 recommendations, EXCEPT transfuse if platelets < 50 x 10⁹/L Should be attempted at bedside prior to ordering image-guided puncture Referring physicians must give clinical history and specify tests to be performed on specimens 	
Other spine interventions	 Follow Category 1 recommendations for procedures without risk of spinal or epidural hematoma (e.g. lumbar facet joint injection) Follow Category 2 recommendations for procedures with risk of spinal or epidural hematoma (e.g. cervical facet joint injection, epidural steroid injection, selective nerve root block) Performed Wednesdays and Fridays unless requested by referring physician 	
Superficial injection, aspiration,	- Follow Category 1 recommendations	
or pain intervention	- Performed Wednesdays and Fridays unless requested by referring physician	
Gastrointestinal Contrast Studies	- No significant bleeding risk	
	 Only performed Wednesdays and Fridays Patient must be NPO from midnight the night before Barium will be used unless requested otherwise Barium Series may delay other abdominal imaging by up to one week (e.g. CT Abdomen/Pelvis) 	
Cystogram	 No significant bleeding risk Patient needs Foley catheter in place prior to the procedure Foley will be left in place unless requested otherwise 	

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Table 2: Interventional Radiology Patient Preparation According to Bleeding Risk

Category 1 (Low) Bleeding Risk: Procedures that are expected to rarely have bleeding complications or are occurring in areas where bleeding is easy to diagnose and control

Consent:	Patient Prep:
To be signed in IR by Patient/SDM with IR staff. Translator to come with patient if required.	Patient to be dressed in hospital gown. NPO not required unless sedation is planned. To be transported to department
Translator to come with patient in required.	by stretcher, unless otherwise directed by IR staff.
Pre-procedure Lab Work:	Correction of Hematological Parameters:
INR: not routinely recommended ^a	INR: correct to \leq 3.0 (for arterial access, < 1.8 for femoral
Platelets: not routinely recommended ^b	arterial access, < 2.2 for radial arterial access, < 2.0 for
Creatinine: required for select angiography	tunneled catheters)
patients ^c	PT: no consensus
Fibrinogen: recommended for patients with chronic	PTT: no consensus
liver disease ^d	Platelets \leq 20 x 10 ⁹ /L: recommend platelet transfusion
	Antithrombotics to be held as per SIR guidelines ^e

Category 2 (High) Bleeding Risk: Procedures that may be expected to have bleeding complications or are occurring in areas where bleeding will be difficult to diagnose and control

Consent:	Patient Prep:
To be signed in IR by Patient/SDM with IR staff. Translator to come with patient if required.	Patient to be dressed in hospital gown. NPO 4 hours. To be transported by stretcher unless otherwise directed by IR staff. Saline lock in place.
Pre-procedure Lab Work:	Correction of Hematological Parameters:
INR: routinely recommended	INR: correct to \leq 1.5
Platelets: routinely recommended	PTT: no consensus (trend towards correcting if \geq 1.5x control)
Creatinine: required for select angiography	Platelets ≤ 50 x 10 ⁹ /L: Recommend platelet transfusion
patients ^c	Antithrombotics to be held as per SIR guidelines ^e
Fibrinogen: recommended for patients with chronic liver disease ^d	

^a May be requested if patient has known coagulopathy, liver dysfunction, or is on antithrombotic.

^bMay be requested if patient has known liver dysfunction, thrombocytopenia, or is on antithrombotic.

^cSee Policy "Management of patients receiving IV iodinated contrast for exams/procedures" for criteria.

^dSee Table 3 for suggested laboratory thresholds for patient with chronic liver disease.

^eSee Table 4 and Reference 1. Exceptions may apply to angiography patients.

Table 3: Suggested Laboratory Thresholds for Patients with Chronic Liver Disease

Procedure Type	INR ^a	Platelets ^b	Fibrinogen
Category 1 Bleeding Risk	Not applicable	> 20 x 10 ⁹ /L	> 1 g/L
Category 2 Bleeding Risk	< 2.5	> 30 x 10 ⁹ /L	> 1 g/L

^aRecommend vitamin K infusion if INR is above suggested threshold.

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^bRecommend platelet transfusion in patients with splenomegaly if platelet count is below suggested threshold.

	Suggested Holding and Reinitiation Times (holding includes dose on the day of the procedure)		
Medication: Generic name (Brand name)	Category 1 Bleeding Risk Procedure	Category 2 Bleeding Risk Procedure (CrCl units: mL/min)	
Antiplatelets			
Aspirin	Do not hold	Hold 5 days Reinitiation: next day	
Clopidogrel (Plavix®)	Do not hold	Hold 5 days Reinitiation: 6 hours for 75 mg dose, 24 hours for 300-600 mg dose	
Ticagrelor (Brilinta ®)	Do not hold	Hold 5 days Reinitiation: next day	
ORAL Anticoagulants			
Apixaban (Eliquis ®)	Do not hold	Hold 2 days (4 doses) if CrCl ≥ 50 Hold 3 days (6 doses) if CrCl < 50 Reinitiation: 24 hours	
Dabigatran (Pradaxa ®)	Do not hold	Hold 2 days (4 doses) if CrCl ≥ 50 Hold 3 days (6 doses) if CrCl < 50 Reinitiation: 24 hours	
Edoxaban (Lixiana®)	Do not hold	Hold 2 days (2 doses) Reinitiation: 24 hours	
Rivaroxaban (Xarelto ®)	Do not hold	Hold 2 days (2 doses) if CrCl ≥ 30 Hold 3 days (3 doses) if CrCl < 30 Reinitiation: 24 hours	
Warfarin (Coumadin®) Patients at high thrombosis risk of may require bridging with LMWH; consult internal medicine.	Target INR ≤ 3.0, i.e. do not hold if INR is therapeutic; hold if supratherapeutic (> 3.0) until target reached Reinitiation: N/A or same day	Hold 5 days with target INR ≤ 1.8 Reinitiation: next day	
INJECTABLE Anticoagulants			
Fondaparinux (Arixtra®)	Do not hold	Hold 3 days (3 doses) if CrCl ≥ 50 Hold 5 days (5 doses) if CrCl < 50 Reinitiation: 24 hours	
LMWH: dalteparin (Fragmin®)	Do not hold	Hold 1 dose (prophylactic or therapeutic) Reinitiation: 12 hours	
LMWH: enoxaparin (Lovenox®)	Do not hold	Hold 1 day (1 dose if once daily dosing, 2 doses if twice daily dosing) Reinitiation: 12 hours	
Unfractionated heparin	Do not hold	IV: hold 4 hours and check aPTT SC: hold 6 hours Reinitiation: 8 hours	

Table 4: Management Recommendations for Anticoagulation and Antiplatelet Medications^a

^a The above guidelines are intended for elective procedures, and assessment of bleeding risk and clotting risk must be individualized according to patient-specific factors. For emergent/urgent procedures, the interventional radiologist and referring physician/surgeon will weigh risks of

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procedural delay against potential bleeding risk. In patients unable to safely discontinue anticoagulation (e.g. recently implanted coronary or cerebrovascular stents), management may be modified and individualized. For complete list of medications, please refer to Reference 2.

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